



NOV 16 1998
8946 NOV 24 P2:40

October 30, 1998

Office of Special Nutritionals
HFS-450 Center for Food Safety and Applied Nutrition
U.S. Food and Drug Administration
200 C St. SW
Washington DC 20204

Statement of Nutritional Support - **CAYENNE EXTRACT**
(Capsicum)

Pursuant to 21 CFR Part 101.93, American Specialty Health & Wellness (ASHW) files the following Statement of Nutritional Support for the Dietary Supplement marketed as: **CAYENNE EXTRACT (Capsicum)**

1) Name and Address of Distributor: ASHW 8989 Rio San Diego Dr. Ste. 250, San Diego CA 92108

2) Text of Nutritional Support Statement being Made:
"Cayenne contains the substance capsaicin which when taken internally stimulates the digestive, respiratory and circulatory systems. It also appears to have some antioxidant properties."

3) Name of dietary ingredient(s): See Attached Product Label

4) Brand Name: **CAYENNE EXTRACT (Capsicum)**

5) Substantiation information on file at the company office.
The corporate officer who can certify same is Dr. Doug Metz, Vice President.

Yours truly,

A handwritten signature in dark ink, appearing to read "Doug Metz".

Dr. Doug Metz
Vice President

97S-0162

8989 Rio San Diego Dr., Suite 250, San Diego, CA 92108 • Phone 619/297-8100 • Fax 619/209-6236

LET2540

Cayenne Extract (Capsicum)

Description:

Cayenne contains the substance capsaicin which when taken internally stimulates the digestive, respiratory and circulatory systems. It also appears to have some antioxidant properties.

These statements have not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent any disease.

Directions For Use: Take 1 capsule per day.

Storage: Keep tightly closed in a cool, dry place.

Caution/Warning: As with any supplement, herb or medication, do not use it while pregnant or lactating, or provide it to a child without consulting a physician. Do not use if you suffer from asthma, stomach ulcers or bowel irritation. Avoid contact with mucous membranes.

Note: This product is regulated by the FDA as a dietary supplement. If you have any questions about how you feel while taking this supplement, contact your physician. If you are taking any medication, have any disease or illness, consult your physician before taking this product. Do not stop or change prescribed medication without the permission or prescription of your physician.

DISTRIBUTED BY AMERICAN SPECIALTY HEALTH & WELLNESS™
PO BOX 509040, SAN DIEGO, CA 92150-9040

CAYENNE EXTRACT DIETARY SUPPLEMENT

90 CAPSULES

Premium Products for Your Health & Wellness™

Supplement Facts

Serving Size: 1 Capsule – Servings Per Container: 90

Amount Per Serving:		%Daily Value
Cayenne extract (Capsicum annuum fruit, std 40,000 HU)	450mg	*

Other Ingredients: Gelatin, cellulose, calcium phosphate hydrous, stearic acid, magnesium stearate and silicon dioxide.

*Daily Value not established

Cayenne Extract is free of wheat, corn soy, dairy, sucrose, starch, salt and yeast.